



# 2022 WESTERN CANADIAN KATA CHAMPIONSHIPS



[WWW.EDMONTONJUDO.COM](http://WWW.EDMONTONJUDO.COM)

**FRIDAY APRIL 22, 2022 - 4:00PM**  
**WEST EDMONTON MALL ICE PALACE**

A proud component of the 2022 Edmonton International Judo Championship

# Western Canadian Kata Championships | April 22, 2022

## Tournament Information

This is a PRE-REGISTRATION event.

Location: West Edmonton Mall Ice Palace (8882 – 170 Street NW, Edmonton, AB)

Sanctioned by Judo Alberta Sanction 2022-04

## Date & Time

Friday, April 22, 2022 (Exact times will be determined after registration closes)

1:30 PM to 3:30 PM - Seminar on tatami at the Shiai-jo with all Athletes, Coaches, Instructors.

3:30 PM to 4:00 PM - Warm up for competitors and meeting for kata judges.

4:00 PM - Start of the tournament.

## Kata and Divisions

### **Senior (1999 & earlier)**

Nage-no-kata (3 & 5 sets)

Katame-no-kata

Kodokan Goshin-Jutsu

Ju-no-kata

Kime-no-kata

### **U23 (2000 –2006)**

Nage-no-kata (3 & 5 sets)

Katame-no-kata

Kodokan Goshin-Jutsu

Ju-no-kata

Kime-no-kata

### **U16 (2007-2009)**

Nage-no-kata (3 & 5 sets)

Kodokan Goshin-Jutsu

Ju-no-kata

## Athlete Registration

Online registration for all athletes: <http://www.TrackieReg.com/2022WesternCanadianKata>

Regular registration deadline: Saturday, April 16, 2022 at 23:59 MST.

Free t-shirt per participant.

## Fees

Kata: \$50 CAD/kata/team

Additional Kata: \$25 CAD/kata/team (same team)

A processing fee will be added for each participant

**No refunds unless the event is cancelled. No substitutions.**

## Eligibility

Open to all members of Judo Provincial/Territorial Associations and IJF Associations.

Minimum rank is YELLOW.

### Rules

- The 2022 IJF [Kata competition criteria for the evaluation](#) will be used to judge
- White judogi only
- Couples may be made up of any gender. No separate divisions
- Both Tori and Uke must be of the same age of the kata division.
- A U16 may compete in U23 and a U23 may complete in Senior but not the reverse.
- Tori and Uke may compete together in two (2) katas in the same division but not on another team for the same kata in the same division.
- No maximum number of kata per participants.
- Females must wear a long white, short sleeve t-shirt with a circular collar (no "V" necks).

### Surfaces

A 50 cm piece of white tape will be fixed on the centre of the competition area 6 meters apart to indicate the starting position for both Tori and Uke. The center will also be marked.

### Questions

Kelly Palmer at [kellypal@telusplanet.net](mailto:kellypal@telusplanet.net) or Gord Okamura at [gyokamura@gmail.com](mailto:gyokamura@gmail.com)

**START TIME AND ORDER OF KATA WILL BE ANNOUNCED  
FOLLOWING THE CLOSE OF REGISTRATIONS.**

## WEM Tournament Special - \$42 (retail \$56.70)

Deadline: April 9, 2022

Order and payment made on Trackie Registration

Ticket pick up is available **after 12:30 PM** on Friday, April 22, 2022 at joseki.

**Pre-purchase is recommended as only limited Choice Passes will be available for purchase at the tournament.**

A Choice Pass allows you to enjoy either **one of the following**:



All-Day Entry Pass to World Waterpark (<https://www.wem.ca/play/attractions/world-waterpark>)  
*Ride the waves in the world's largest indoor wave pool, located in a tropical oasis that boasts an average temperature of 31°C. World Waterpark features more than 17 unique waterslides and play features to keep you and the whole family having fun for hours!*

**OR**

All-Day Ride Pass to Galaxyland Amusement Park (<https://www.wem.ca/play/attractions/galaxyland>)  
*Galaxyland, North America's largest indoor amusement park features more than 27 exhilarating rides and play areas for all ages. Including 4 distinctive roller coasters, Galaxy Kids Playpark, Swing of the Century, The Flying Galleon, carnival games and more!*

- ***Please be aware that the Restriction Exemption Program will be in effect at ALL attractions. Effective November 15 proof of double vaccination is required and all Alberta residents must present QR code vaccine record as the only valid proof of vaccination OR proof of a privately paid negative PCR or rapid test within 72 hours of visit. PCR Tests must cover up to the end of the day of the attraction's operational hours***
- *West Edmonton Mall follows the COVID-19 policies and guidelines set out by Alberta Health Services and the City of Edmonton.*
- ***Effective September 3, 2021 a face covering that fully covers the nose, mouth, and chin must be worn at all times at non aquatic areas such as lineups and change rooms.***

## **Recommended Hotel Options**

### **West Edmonton Mall Inn**

17504-90 Avenue NW  
Edmonton, AB T5T 6L6  
1-780-444-5471

Toll Free: 1-800-737-3783 **request West Edmonton Mall Inn**

Rate: \$129/night April 21 & 24  
\$144/night April 22 & 23

Booking: 3905826 or Edmonton International Judo Championship

Includes: Continental breakfast

**Deadline: April 8, 2022**

### **Fantasyland Hotel**

**OPEN BLOCK – Edmonton International Judo Championships 2022**

17700-87 Avenue  
Edmonton, AB T5T 4V4  
1-780-444-5471

Toll Free: 1-800-737-3783

Standard Room: \$164/night (Sunday-Thursday)\*  
\$199/night (Friday/Saturday)\*

Booking Code: 8380778 or Edmonton International Judo Championship OPEN BLOCK

**Deadline: April 8, 2022**

**First-come, first-serve**

**\*Rate is subject to change based on hotel occupancy and availability at the time of booking reservation.**

### **Quality Inn West Edmonton**

17803 Stony Plain Road Edmonton, AB T5S 1B4  
1-780-484-8000 | Toll Free: 1-800-661-6993

Rate: \$109/night

Includes hot breakfast buffet, fitness centre

Booking Code: 4266001 or <https://www.choicehotels.com/reservations/groups/NM2100>

**Deadline: April 8, 2022**

### **Royal Hotel West Edmonton**

10010-178 Street Edmonton, AB T5S 1T3  
1-780-484-6000 | Toll Free: 1-800-661-4879

Rate: \$109/night

Includes: Continental breakfast, fitness centre, restaurant (\$)

Booking Code: 2022 Edmonton International Judo Championships

**Deadline: April 1, 2022**

## Covid-19 Protocols

Under the Alberta Restrictions Exemptions Program, all participants must follow the current mandatory protocols.

For all participants (including, but not limited to, athletes, referees, coaches, organizers, volunteers, medical team, etc.) 12 years and older must provide:

- proof of full vaccination via a QR Code or a Negative Rapid Test result according AHS guidelines.
- those who are 18 years or older will also be required to show personal identification to verify their name and date of birth.

Everyone must:

- attest to the Covid-19 Self Declaration Risk Assessment Screening questions. If a minor, the parent must declare for their minor child.
- a mask must be worn at all times, except when warming up and competing.

Full vaccination means (at least 14 days from second dose of a 2-dose vaccine or a single dose of Janssen). This can be digital or paper copies of Alberta QR code vaccine record or other provincial vaccine records with QR codes.

If no proof of full vaccination is available, proof of a privately paid Negative Rapid Test result taken within 72 hours of the tournament date.

Proof of a negative rapid test result must be a written or printed copy that indicates the individual has tested negative for Covid-19 on a Health Canada approved rapid antigen, rapid PCR or lab-based PCR test. The report should clearly outline the type of test, time of sample collection, clear indication of a negative result and the laboratory that completed the test, if applicable. **NOTE: photos of a rapid test or result taken offsite is not sufficient. A self-test completed offsite or self-produced documentation of a negative test result is not valid. Tests must not be from the Alberta Health Services public Covid testing system.**

A valid medical exemption is the original signed letter from a physician or nurse practitioner that includes the person's full name, date of the letter, the physician's or nurse practitioner's complete contact information, a statement that there is a medical reason for not being fully vaccinated against Covid-19 and the duration of the exemption. Persons with a medical exemption will be required to provide a negative Covid test result within 72 hours of the tournament.

Please note we will not be allowed to have spectators on the tournament floor, but there is a viewing area around and overlooking the Ice Palace. Only athletes, coaches, referees, medical staff and volunteers will be allowed access to the tournament site. They may need to show ID and/or vaccination QR codes at the entrances to the facility.

As Covid protocols change frequently, any modifications to these protocols will be issued as soon as they become available.

## Covid-19 Self-Declaration

### RISK ASSESSMENT SCREENING QUESTIONS

If you answer **YES** to Questions #1-6, you **cannot** enter.

1.	Do you have any new onset or worsening of any of the following symptoms?		
	• Fever	YES	NO
	• Cough	YES	NO
	• Shortness of breath / difficulty breathing	YES	NO
	• Runny nose	YES	NO
	• Sore throat	YES	NO
	• Chills	YES	NO
	• Painful swelling	YES	NO
	• Nasal congestion	YES	NO
	• Feeling unwell / fatigued	YES	NO
	• Nausea / vomiting / diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle / joint aches	YES	NO
	• Conjunctivitis (commonly known as pink eye)	YES	NO
2.	Have you travelled outside of Canada in the last 14 days?	YES	NO
3.	Have you had close contact with an individual (within 2 metres) with a probable or confirmed case of COVID-19 in the last 14 days?	YES	NO
4.	Have you had close contact with or reside with an individual who is self-isolating or quarantined?	YES	NO
5.	Are you or anyone in your household waiting on Covid-19 test results?	YES	NO
6.	Have you tested Covid positive in the last 14 days?	YES	NO
7.	Have you assessed your risk of unknown exposure based on your last 2 weeks of activity?	YES	NO

**I UNDERSTAND THAT ALBERTA HEALTH SERVICES HAS ASKED INDIVIDUALS TO MAINTAIN A PHYSICAL DISTANCE OF AT LEAST 2 METERS (6 FEET) AND IT IS NOT POSSIBLE TO MAINTAIN THIS DISTANCE AND COMPETE OR ATTEND THIS EVENT.**

**NOTE: Thanks for taking all necessary precautions to keep all of us safe.**